



International Research Network for Food Quality and Health

**Seminar 15<sup>th</sup> of November, from 09.00-10.00 am CET at zoom**

**Organic food in dietary scenarios and food system models: examples and challenges**

The workshop is free of charge, but you have to sign up at [shb@nexs.ku.dk](mailto:shb@nexs.ku.dk), just write FQH as subject and you will receive a zoom link for the meeting

**Program:**

**09.00-09.05 am welcome by FQH Carola Strassner**

**09.05-09.35 am**

Anita Frehner is a senior scientist in the Food System Sciences department at the Research Institute of Organic Agriculture (FiBL) in Switzerland. Her work primarily focuses on sustainable and healthy nutrition, sustainability assessments, and food system modeling. She has been involved in various research projects related to the transition to sustainable food systems, including assessing the role of organic agriculture and analyzing dietary patterns for their environmental and health impacts. She holds a PhD from Wageningen University.

**09.35-09.55 am discussions in plenum or breakout-rooms (dependent on the numbers of attendants)**

**09.55-10.00 am wrap-up, presentation of next workshop and goodbye**

**Abstract**

**Organic food in dietary scenarios and food system models: examples and challenges**

There is a vast amount of research investigating dietary scenarios that support a transition towards more sustainable food systems. However, most of these studies do not differentiate farming and food processing practices according to different standards. Differentiating between organically and conventionally produced and processed foods is important because it allows for more targeted policies and recommendations. In this presentation, Anita will provide examples of studies that include such differentiation in dietary scenarios and food system analyses. She will also highlight some of the challenges associated with this differentiation, from data availability to process representation.